



Cyclists

As a cyclist, you have a responsibility to keep yourself and all other road users safe.



Keep your bicycle road worthy – Make sure brakes, lights and bell are fitted and in working order.



Don't wear headphones or use your phone while cycling



Wear a helmet



Think ahead, be observant



Use correct hand signals



Use cycle tracks where provided



Wear high visibility clothing



Be aware of blind spot areas on larger vehicles



Don't cycle while intoxicated through drink or drugs



Don't cycle in a manner that is dangerous to other road users



Don't cycle on footpaths



Don't cycle through red lights

Cyclists who do not adhere to Road Traffic legislation may incur a fine or a court summons.

Together we can reduce serious and fatal road traffic collisions.
For more information, please visit www.garda.ie